

Clinically Managed High-Intensity Residential Services (Adult) and Clinically Managed Medium-Intensity Residential Services (Adolescent) (ASAM Level 3.5)

Last Updated: 10/20/2023

Service Type:

0051 SPO Substance Abuse

Procedure Code:

H0010 HB (Adults) and H0010 HA (Adolescents)

Clinically managed high-intensity residential services (adult) and clinically managed medium-intensity residential services (adolescent) (ASAM Level 3.5) as defined in 12VAC30-130-5130 and 12VAC35-105-1530 to 1570, are residential treatment services which shall include through service provision or through referral:

- Telephone or in-person consultation with a physician or physician-extender who shall be available to perform required physician services. Emergency services shall be available 24 hours per day and seven days per week.
- Arrangements for more and less intensive levels of care and other services such as sheltered workshops, literacy training, and adult education.
- Arrangements for needed procedures including medical, psychiatric, psychological, lab and toxicology services appropriate to the severity of need. For members who have not been screened for infectious diseases within previous 12 months, screening provided on-site or referral for screening of infectious diseases such as HIV, Hepatitis B and C, and tuberculosis at treatment initiation.
- Arrangements for addiction pharmacotherapy.
- Random drug screening to monitor and reinforce recovery.
- Clinically directed treatment to facilitate recovery skills, relapse prevention, and emotional coping strategies. Services shall promote personal responsibility and reintegration of the member into the network systems of work, education, and family life.
- Program activities shall be designed to stabilize and maintain SUDSUD symptoms and apply recovery skills and may include relapse prevention, interpersonal choice exploration, and development of social networks in support of recovery.
- Daily clinical services to improve organization, daily living skills, recovery, personal responsibility, personal appearance and punctuality. Development and practice of prosocial behaviors.
- Range of cognitive and behavioral therapies administered individually and in family and group settings to assist the member in initial involvement or re-engagement in regular productive daily activities

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including education on medication management, addiction pharmacotherapy, and education skill building groups to enhance the member's understanding of substance use and mental illness.

- Clinically directed program activities designed to stabilize and maintain SUD symptoms, and apply recovery skills. Relapse prevention, interpersonal choice exploration, development of social networks in support of recovery.
- Counseling and clinical interventions to facilitate teaching the member skills needed for productive living and successful reintegration into family living to include health education.
- Monitoring of the adherence to prescribed medications and over-the-counter medications and supplements.
- Daily treatments to manage acute symptoms of biomedical substance use or mental health disorder • Planned clinical interventions to enhance the members understanding of substance use and mental health disorders.
- Daily scheduled professional services, interdisciplinary assessments and treatment, designed to develop and apply recovery skills, including relapse prevention, interpersonal choices, and development of social network supportive of recovery. Such services would include member and group counseling, psychotherapy, family therapy, recreational therapy, art, music, physical therapy, vocational rehabilitation, educational and skill building groups,
- Planned community reinforcement designed to foster improved community living skills.
- Motivational enhancements and engagement strategies appropriate to the members' stage of readiness and desire to change.
- Psychotherapy, SUDSUD counseling and clinical monitoring assist the member in initial involvement or re-involvement in regular productive daily activity such as work or school, with successful re-integration into family living with health education.

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- Services for family and significant others, as appropriate, to advance the member's treatment goals and objectives identified in the ISP.
- Education on benefits of and arrangements for addiction pharmacotherapy provided on-site or thorough referral as necessary.
- Withdrawal management services may be provided as necessary. Providers should consult the ASAM Criteria for Intoxication/Withdrawal Management requirements.