

ARTS Peer Support Services - Individual

Last Updated: [10/19/2023]

Service Type:

0051 SPO Substance Abuse

Procedure Code:

T1012

Medical Necessity Criteria

In order to receive Peer Support Services, members 21 years or older shall meet the following requirements:

- Require recovery-oriented assistance and support for:
 - The acquisition of skills needed to engage in and maintain recovery; and
 - For the development of self-advocacy skills to achieve a higher level of community tenure while decreasing dependency on formalized treatment systems; and
 - And to increase responsibilities, wellness potential, and shared accountability for the member's own recovery; and
- Have a documented substance use disorder or co-occurring mental health and substance use disorder diagnoses.
- Demonstrate moderate to severe functional impairment because of the diagnosis that interferes with or limits performance (relative to the person's ethnic or cultural environment) in at least one of the following domains:
 - Educational (e.g., obtaining a high school or college degree);
 - Social (e.g., developing a social support system);
 - Vocational (e.g., obtaining part-time or full-time employment);
 - Self-maintenance (e.g., managing symptoms, understanding his or her illness, living more independently).

Continued Stay Criteria:

To qualify for continued services for Peer Support Services and Family Support Partners for both MH and ARTS the following must occur:

- Medical necessity service criteria shall continue to be met;
- Progress notes shall document the status of progress relative to the goals identified in the Recovery, Resiliency, and Wellness Plan; and
- The member continues to require the monthly minimum contact requirements

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Discharge Criteria:

The member meets discharge criteria if any of the following are met:

- Goals of the Recovery, Resiliency, and Wellness Plan have been substantially met;
- The member or as applicable for youth under 21, the caregiver, request discharge;
- The member or as applicable for youth under 21, the caregiver, fail to make the monthly minimum contact requirements or the member or caregiver, as applicable, discontinues participation in services