23-Hour Crisis Stabilization

Last Updated: 10/19/2023

Service Type:

0050 Outpatient Psychiatric Services, Enhanced Behavioral Health Services

Procedure Code:

S9485

Admission Criteria

All the following criteria must be met (1-5):

- The individual must be experiencing an active behavioral health crisis; and
- Documentation indicates evidence that the individual currently meets criteria for a primary diagnosis consistent with the most recent version of the International Statistical Classification of Diseases and Related Health Problems (ICD) diagnosis that correlates with the Diagnostic and Statistical Manual; and
- The individual or collateral contact reports at least **one** of the following:
 - o suicidal/assaultive/destructive ideas, threats, plans or actions; or
 - o an acute or increasing loss of control over thoughts, behavior and/or affect that could result in harm to self or others; **or**
 - functional impairment or escalation in mood/thought/behavior that is disruptive to home, school, or the community or impacting the individual's ability to function in these settings;
 or
 - the symptoms are escalating to the extent that a higher level of care will likely be required without intervention; or
 - Acute stress reaction that threatens to lead to significant emotional and/or behavioral deterioration without rapid intervention, evaluation, and treatment and
- There is evidence of at least **one** of the following:
 - o Indication that the symptoms will adequately resolve or stabilize within a 23 hour period at which time a less restrictive level of care will be appropriate **or**
 - The presenting clinical problem requires a safe, contained environment wherein observation and assessment can be conducted to determine next steps in the individual's care and
- Without urgent intervention, the individual will likely decompensate which will further interfere with their ability to function in at least one of the following life domains: family, living situation, school, social, work, or community.

*The medical necessity for individuals admitted under a Temporary Detention Order (TDO) issued pursuant to section §37.2-800 et. seq. and §16.1-335 et seq. of the Code of Virginia is established and DMAS or its contractor cannot limit or deny services specified in a TDO (see the Temporary Detention Order Supplement to the Psychiatric Services Manual for additional details).

Continued Stay Criteria

There is no continued stay for this service, the service is a total maximum of 23 hours per episode.



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Discharge criteria

Regardless of the individual's clinical status, the service requires that individuals be discharged within 23 hours. The point at which that discharge occurs within that time frame may depend on:

- Whether the individual no longer meets admission criteria or meets criteria for a less or more intensive level of care;
- Determination and availability of the service or natural supports to which the individual is to be discharged into the care of.

