



## **Doula Care Form Overview for Licensed Providers<sup>1</sup>**

The Doula Care Form (Formerly Doula Care Recommendation Form) allows Virginia Medicaid Community Doula Providers to provide care to Medicaid members and allows Medicaid members to receive doula care services.

This is not a referral form. A doula care form is not the same as a prescription/medical order. By completing this doula care form, you are enabling this individual to access **non-clinical** community doula services<sup>2</sup> such as: childbirth education, comfort and massage, resource referrals, labor support, lactation support, etc.,

**All** Virginia Medicaid Members who are pregnant or have given birth in the last six months are eligible to receive community doula services regardless of health status.

### **Instructions for Completing the Doula Care Form:**

- 1) **Please Print** all information (except Licensed Practitioner's Signature) clearly and legibly.
- 2) If a member is enrolled in **Fee-For-Service**, fax the completed form to 804-452-5447.
- 3) If a member is enrolled in a **health care plan/managed care organization (MCO) (Aetna, Anthem, Molina, Sentara Health, or United Healthcare)**, please refer to that Health Care Plan (MCO) for detailed form submission or return the completed form to the Medicaid member or doula (if known).
- 4) Please email Baby Steps VA at [babystepsva@dmas.virginia.gov](mailto:babystepsva@dmas.virginia.gov) for questions regarding the completion of this form.

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<sup>1</sup> For the doula benefit, VA Medicaid defines a "licensed practitioner" as licensed clinicians, including physicians, licensed midwives, nurse practitioners, physician assistants, and other Licensed Mental Health Professionals (Virginia Administrative Code 12VAC35-105-10 defines a Licensed Mental Health Professional as a: physician, licensed clinical psychologist, licensed professional counselor, licensed clinical social worker, licensed substance abuse treatment practitioner, licensed marriage and family therapist, or certified psychiatric clinical nurse specialist).

**Recommendations from licensed, non-clinical providers will not be accepted.** The recommending clinician need not be a VA Medicaid provider.

<sup>2</sup> VA Medicaid's doula services are provided as a preventive service. Federal Medicaid law (42 C.F.R. Section 440.130(c)) indicates: "Preventive services" means services recommended by a physician or other licensed practitioner of the healing arts acting within the scope of authorized practice under State law to - (1) Prevent disease, disability, and other health conditions or their progression; (2) Prolong life; and (3) Promote physical and mental health and efficiency.